

Code of Behaviour for Coaches

As a Coach/Instructor/Cable Operator, I will:

- Be a positive role model for the sport by acting in a way that projects a positive image of the role and be fair, considerate, and honest with participants and others, and encourage participants to do the same
- Display high standards in my language, manner, punctuality, preparation, and presentation to ensure that any time spent with me is a positive experience for participants.
- Attempt to create an environment where every individual has equal attention and opportunity to participate in the sport of their choice and is inspired and motivated to come back.
- Treat every participant with respect, dignity and as an individual with different needs and abilities.
- Be flexible in my delivery according to the individual needs, abilities, and motivations of the participant.
- Employ a democratic coaching style that empowers participants to take control and ownership of their own decisions and learning.
- Develop and maintain a healthy, positive, and professional relationship with all participants based on mutual trust and respect and will not abuse or misuse any relationship of trust and position of authority/power/influence held by me.
- Promote the welfare and best interests of the participants and take the appropriate action if I have a concern about the behaviour of an individual, especially of an adult towards a child.
- Never engage in any form of inappropriate personal or sexual relationship with a participant ('inappropriate' – as defined within a position of trust within Sexual Offences Act).
- Help young athletes to manage a healthy training and work/study balance and take action if I feel their training is negatively impacting on their emotional, social and physical development.
- Act as a role model and an ambassador for clean sport and help participants understand that performance can be maximised by managing their training, lifestyle, and diet effectively.
- Treat all personal information about a participant as confidential, expect in situations where disclosing the information will place the participant out of harm's way.
- Practice in an open and transparent fashion that encourages sharing of knowledge and ideas between coaches and others.
- Only assume responsibility for a role I am prepared for and support a participant's decision if they wish to confer and practice with other coaches/specialists.
- Ensure I remain licensed and insured to coach at all times
- Ensure that all safeguarding certificates are up to date.

- Be committed to providing a high quality service to all participants and to further developing my skills as a coach/driver/operator to ensure fun, safe and effective practice.
- Ensure equipment is fit for purpose, safe to use and accessible.

I will abide by this Code of Behaviour and promote it to others. I understand that if I fail to follow the code, the appropriate disciplinary action could be taken including possible removal of my licence

Signature of Coach/Instructor/Cable Operator:

Date: